

The 3 disciplines, EFHB, qigong, and Traditional Chinese Medicine (TCM), are considered to have risen from a common background. The ancient Chinese theory of qi, and its systematic approaches constitute most of the foundation. For instance, EFHB is thought to depend on the presence of qi in appropriate parts of the body, and "jinxue" (the traditional "meridian lines network") is the claimed channel ~~for~~ for qi. Evidence for the physical ~~effect~~ existence of meridian lines was recently reported by medical groups (Zhu, 1986; Zhu, et al., 1986; Feiy, 1988). The theory is somewhat idealistic, and its various elements are not measurable. Unfortunately, Western parapsychologists have no better theory to offer. Dr. Qian Xuesen, who thinks of qi as a kind of informational continuity of essential importance to all living things, emphasizes the necessity for psi researchers to study TCM theory and qigong practices.

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Researchers used a variety of analytical instruments in an attempt to detect any "radiations" that might be produced by (psychics). In these investigations, signals ranging from infra-red emissions modulated by low audio frequencies to gamma photons were detected, although many of the effects were weak.

Dr. Qian Xuesen, a leading physicist, and several other top researchers pointed out that these signals were probably only secondary manifestations of an underlying information carrier, "qi" (which means "air", "gas", "spirit", or "vital energy in Chinese), and not the underlying carrier itself.

As a special practice, qigong originated in China and had been systematically developed as early as 500 B.C. In general, qigong practice concerns concentration of thought, rejecting external stimuli, adjusting breath, and "controlling the movement of qi." It is agreed by all schools (of Qigong) that, by sending qi to certain parts of the body through the "meridian channels" (acupuncture/traditional Chinese medicine terminology) and by practicing in certain ways, psi abilities can be attained." Although the initial purpose of practice is to regain the qi lost while growing up, there are said to be abilities more profound ~~the~~ than psi, which can be attained by higher level qigong masters who can "freely control qi by the mind and cause it to flow through the entire body," ~~However these masters usually do not accept a~~ Usually these masters will not accept a psi researcher's invitation to join a scientific effort. However a number of lower-level masters in China are sufficiently well trained to be able to exercise strong psi abilities and they have participated.

in 1987  
Dr. Qian Xuesen is quoted as saying: "Chinese qigong is modern science and technology - high technology - absolutely top technology." Dr. Xuesen was probably persuaded to say this as a result of an experiment run by Lu Zujing and colleagues of the Department of Chemistry and Biological Science at ~~Qinghua~~ <sup>Qinghua</sup> University, which is the country's top technological school.

In these experiments (1986-1987), qigong master Yan Xin, typically working at a distance of several kilometers, was able to create, shift, or intensify absorption peaks in the infra-red, ultra-violet, and paramagnetic resonance spectra of biological media. In other cases, phase-change parameters were shifted. It has been reported that he is able to effect similar changes over a distance of 2,000 kilometers. If these reports are true, the mind-matter relationship must be more profound ~~that~~ than most Western parapsychologists are willing to admit.

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Beijing Immunology Study Center in a report  
Chinese Qigong Medicine: Present and Future (no date)  
speaks of the human "aura" and says "scholars  
have determined that humans and other material in the  
living environment all have such 'aura' waves....

Scholars scientifically explaining all this feel that this is  
the fourth new world's mystery. There is a definite relationship  
between these aural reactions and activities of the brain,  
ideas, consciousness and the spirit." Qi apparently can  
manipulate these ~~aura~~ auras to promote health (in the  
context of this article).

Instructional material of the Qigong Med School (Feb 87)

"... Beijing has developed the Qigong Research Institute. Beijing Chinese Medical Research Institute has established a qigong specialization research organization. The Naval Main Medical Hospital has established Chinese Immunology Research Center whose major emphasis is on qigong immunology, and at the same time it has established jointly with Guangzhou University, Qigong Physics, Biological Testing Center.

According to the Instructional Material of the Qigong Medical School (Feb 87)

"The Chinese qigong study was proposed at the 11<sup>th</sup> Party Congress Third Plenary session, and it has become a systematic policy of the Party."

Qigong science "is not limited to subjective senses and clinical general testing (chemistry, physics and physiology) but it has developed to apply molecular and microbiology, electronics, electrochemistry, magnetism, microwave and mathematics; and it penetrates into and merges into various fields of science. It has deeply penetrated so that its relationships and functions with macro-world and micro-world can be explored."