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understand what is happening. Wheh ESP experiences are no long felt as a threat, the activation of internal resources during therapy allow the patient to mithgate or overcome resistances, actualizing his tendency toward recovery.

The purpose of this paper is to expand the traditional concept the individual va. environment, taking into account the possible of other levels of reality which can interact with the individ It is not our intention to substitute today's psychotherapic knowledge - but only to add the it another dimension, aiming at holistic understanding of the patient and his reality, as well his recovery.



CLINICAL PSYCHOLOGY AND LEVELS OF REALITY: PART II - ESP AS AN AID TO PSYCHOTHERAPY IN SOME PSYCHOLOGICAL DISORDERS

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Kiskos, J. and Samuel, A. Healing at a Distance: Some Evidencesain procedures is followed by an improvement in the patients' Suggestive of Theta Agent Influence in Psychological Disturbandition. This approach combined with traditional psychotherappy tronic Research. Tokyo, 1977, Vol. IN 481

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ract: The authors discuss the interactions between other levels Ellenberger, H.F. The Dis ϕ overy of the Unconscious. New York: Keality and ours in cases involving patients with psychological irders of various kinds. Trained sensitives were used in this and often manifested extraneous personalities (named theta Jaspers, Karl. Psicopato ogia Geral. Rio de Janeiro: Livraria Ats by the authors), and who were involved with the patients. A ription is made of the theta agents observed and their interon with the patients, Removal of theta agents by means of In Proceedings of the Third International Conference on Psychols up new possibilities for patients whose prognosis of recovery remote or dependent on extensive psychotherapy.

1977, at the III International Conference on Psychotronic parch in Tokyo, we presented a paper discussing the possibility Influencing at a distance people with various types of psycho-[cal disorders, aiming at relieving or removing the symptoms rienced. After experimenting during three years, we had come to conclusion that this could be done. However, we also found out personalities extraneous to the members of the group in some s manifested themselves, suggesting an interrelation between psychological disorders of some patients and the influence of personalities - which we named "theta agents". Also in this er, we described the types of theta agents we came across, as as the improvemente and relapses observed in patients as we It with these agents. The subjects selected for our sample did know that they were being focused by the group, were not rgoing psychotherapy and had been showing certain symptoms for than a year.

purpose of this paper is to take up these aspects and extend based on observations made during the last two years.

king Hypothesis

observations, as pointed out in our paper "ESP as a Component some Psychological Disorders", which is being presented at this onference, led us to consider that there might be another level reality, unperceived by our senses, but which could interact with individual. Apparently, besides the classical interaction vidual vs. environment, there could be a third one that we d call "spiritual". "Spiritual" is probably not the best word

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to describe this additional interaction due to its religious ling with these entities, we noticed that they usually become connotations. However, as we lack a more neutral word, we arein a certain dramatic moment of their lives. They may

ion situations related to illness

- On the other hand, the hypothesis of the existence of other le no notivation to go on living and talk about suicide of reality is supported by observations made by other research
- a) the pioneers of the Society for Psychical Research of London agents induced to harm patients by means of black magic b) the early French metapsychists; c) the studies carried out are aware of their condition Stevenson, Osis, LeShan, Tart, Moody and others; d) Modern Physendering services in certain place or places

This mass of information cannot be disregarded under the claimercenary, i.e., do what they have contracted to do, depending the experiences are the outcome of fraud, mysticism, primitivilat they receive by means of black magic procedures Collective hallucination, or other labels one might want to useder to accomplish their objectives, they might also use this because the facts have been observed and confirmed by manties unaware that they are dead.

Method of Work

As we described in 1977, our work is done by a group of people may be aware or unaware that they have died of which are sensitives. These meet once a week with the objection of harming is due to revenge of practicing absent healing or healing of patients present and involved, as they feel they have been victimized by such meetings. The patients are persons with psychological distinct and the patient of this type is not harming the patient of various kinds. For the past two years we eliminated distantiants an entity of this type is not harming the patient an experimental control, because our observations showed that entionally; he remains at his side, claiming to love him the subject was unaward of the the subject was unaware of the treatment significant alteration occurred in his behaviour. This eliminated the hypothesis of a sware or unaware that they have died suggestion. We use sensitives in this work because presently the may be aware or unaware that they have died "spiritual" land a spiritual and the sensitives in this work because presently the may be aware or unaware that they have died sensitives, i.e., people that have ESP faculty.

Theta Agents

During the treatment of certain patients, we came across extrapchanism of interaction between a theta agent and a patient is personalities. These we named "theta agents", because the circu one-sided as it might seem. In most cases observed it was stances in wich they manifested themselves led us to conclude le to detect a feedback mechanism between the two sides.

Based on our observations we found four types of theta agents: enced by an agent in another level of reality - the theta theta agents unaware that they have died; b) theta agents led - we are not necessarily saying that they are the cause of harm patients by moon of the cause of th harm patients by means of black magic; c) theta agents that outsorder. The individual himself, due to his particular nature,

These four categories were reported in 1977 and, up to now, noit may also be a combination of both. types have been found. The classification is based on our obset tions. These categories are not mutually exclusive; sometimes ission appear in a combined form.

- they do not know where they are or what is happening to them - they feel that they are in total darkness
- complain about physical pains
- are apathetic and feel weak, tired or drowsy
- complain about existential situations
- worry about or look for their family, but are unable to find th patients that were unaware that they were given absent complain about difficulties in contacting people, who act astaling they did not notice their presence.

e opting for the theta agent hypothesis, we analysed several a) Theta agents unaware that they have died - They usually manipatives that might explain our observations. The following a state of mental confining the st a state of mental confusion, presenting two or more of the fold beses have been eliminated: 1) simulation of trance; 2) sensis subconscious; 3) coincidental improvement of the patient; sto-suggestion on part of the patient; 5) telepathy; 6)clairice: 7) "this-world ESP" (as described by Price)

thypotheses were analysed in relation to three types of

Ith patients that knew that they were being given absent healing

not emotionally involved with the patient

ta agents that intentionally try to harm patients

"spiritual" level previously mentioned is only accessible throwing is directly related to the pleasure obtained in the *raction, i.e., they are interested in the pleasure provided the patient and not in the patient himself

important to note that when we state that some persons may be revenge try to harm the patient; d) theta agents that outsorder. The individual nimself, due to his process, the theta As to the factor that triggers the whole process, it is not

s found in the patient's physical and perceptible environment

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C) with patients that were being treated in the presence of ling with these entities, we noticed that they usually become in a certain dramatic moment of their lives. They may ion situations related to illness

Concerning "A": alternatives 1 and 2 are eliminated when pate of an accident or quarrel unaware of absent healing. The sensitives' perceptions coince no motivation to go on living and talk about suicide with patients' mental and/or physical states and a signification improvement was observed. Coincidental improvement alone (3) ta agents induced to harm patients by means of black magic not explain the many cases observed during these years, some are aware of their condition chronic symptoms. Improvement due to autosuggestion (4) can rendering services in certain place or places eliminated as the patients did not know that, they were being tienoral by absent healing. As to alternatives 5,6 and 7, it is naturecenary, i.e., do what they have contracted to do, depending sensitives to obtain information by telepathy, clairvoyance hat they receive by means of black magic procedures -world ESP". However, what we are reporting here is that a great to accomplish their objectives, they might also use improvement occurred in patients that had been presenting psities unaware that they are dead. logical disorders. The mere perception by the sensitives of mot emotionally involved with the patient emotional states or symptoms by means of telepathy, clairvor

or "this-world ESP" would not have removed them. Improvementita agents that intentionally try to harm patients happened after our work with the theta agent or agents involven be aware or unaware that they have died

Concerning "B" and "C": After the above discussion the only tent that might be said is that patients improve due to autosuggetimes an entity of this type is not harming the patient However, when the patient does not know he is being treated intionally; he remains at his side, claiming to love him still improves, autosuggestion is eliminated. When patients aware of the absent healing autosuggestion cannot be totally ita agents that share and enjoy patients' activities nated, but it would be only one single component of a group any be aware or unaware that they have died factors responsible for his improvement.

Conclusion:

Our experience leads us to take into account in a more extents. The patient and not in the patient himself the individual vs. environment. We have noticed that environments of interaction between a theta agent and a patient is influences can be twofold: a) originating from the environments of interaction between a theta agent and a patient is an excided as it might seem. In most cases observed it was ceived through physical senses and b) originating from another one-sided as it might seem. In most cases observed it was of reality appearance it is a foodback mechanism between the two sides of reality suggested by the presence of theta agents manifes through sensitives. In view of this and according to our experiment should be applied on two levels. Developments and important to note that when we state that some persons may be treatment should be applied on two levels. Developments and important to note that when we state that some persons may be

The acceptance of another level or reality helps to understand As to the factor that triggers the whole process, it is not patient's reality more holistically, as one level complements found in the patient's physical and perceptible environment other. This approach, however, should not be considered a min way of healing. For example if way of healing. For example, if a theta agent that has been encing a patient for some time is removed, its removal does always cause the immediate elimination of the effects, because opting for the theta agent hypothesis, we analysed several to his maladjustment, the patient himself has thrown up deferratives that might explain our observations. The following

It is also important to emphasize that when using this type ace; 7) "this-world ESP" (as described by Price) approach as an aid to psychotherapy and before placing the pa next to a sensitive, the psychotherapist should know his path hypotheses were analysed in relation to three types of very well, be aware of his internal resources, and should algment:

intion of harming is due to revenge ionally involved, as they feel they have been victimized b

fr interaction with patients might become symbiotic siosis is directly related to the pleasure obtained in the graction, i.e., they are interested in the pleasure provided

le to detect a feedback mechanism between the two sides.

enced by an agent in another level of reality - the theta b - we are not necessarily saying that they are the cause of The success of this latter type of therapy depends on the sales and variables that the influence everted by the theta factors and variables that also intervene in traditional theen predisposed - open - to the influence exerted by the theta

deal with his own problems. That is why psychotherapy is basibeses have been eliminated: 1) simulation of trance; 2) sensitive two of transfer and the sensitive two of the sensitive two of transfer and the sensitive two of s subconscious; 3) coincidental improvement of the patient; ito-suggestion on part of the patient; 5) telepathy; 6)clair-

carefully evaluated the prognosis of a traditional treatment the patients that were unaware that they were given absent

ith patients that knew that they were being given absent healing

C) with patients that were being treated in the presence of towards his recovery. He has to be made aware of his tives

Concerning "A": alternatives 1 and 2 are eliminated when par unaware of absent healing. The sensitives' perceptions coincolute or relative success of this combined therapy depends, with patients' mental and/or physical states and a signific traditional psychotherapy, on the patient's age, the length improvement was observed. Coincidental improvement alone (3) maiadjustment, his internal resources, environment, etc. chronic symptoms. Improvement due to autosuggestion (4) can the number of weekly psychotherapic sessions influence sensitives to obtain information by telepathy, clairvoyance therefore, also be evaluated in each case. -world ESP". However, what we are reporting here is that a improvement occurred in patients that had been presenting presenting of this combined approach is that it opens up new logical disorders. The mere perception by the sensitives of lities for patients whose prognosis of recovery are remote emotional states or symptoms by means of telepathy, clairvoy indent on extensive psychotherapy. Therefore, it is not or "this-world ESP" would not have removed them. Improvement in cases where traditional psychotherapy alone can be happened after our work with the theta agent or agents invol the case.

Concerning "B" and "C": After the above discussion the only that might be said is that patients improve due to autosugge, J. and Samuel, A. Healing at a Distance: Some Evidences However, when the patient does not know he is being treated live of Theta Agent Influence in Psychological Disturbances. still improves, autosuggestion is eliminated. When patients reedings of the Third International Conference on Psychoaware of the absent healing autosuggestion cannot be totally Research. Tokyo, 1977, Vol. II, 481 nated, but it would be only one single component of a group factors responsible for his improvement.

Conclusion:

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The success of this latter type of therapy depends on the sai factors and variables that also intervene in traditional the The acceptance of another level or reality helps to understain patient's reality more holistically, as one level complement other. This approach, however, should not be considered a min way of healing. For example, if a theta agent that has been encing a patient for some time is removed, its removal does always cause the immediate elimination of the effects, because to his maladjustment, the patient himself has thrown up defe deal with his own problems. That is why psychotherapy is basi this type of treatment.

It is also important to emphasize that when using this type approach as an aid to psychotherapy and before placing the page 1 next to a sensitive, the psychotherapist should know his pati very well, be aware of his internal resources, and should al carefully evaluated the prognosis of a traditional treatment,

tay type of treatment, the patient's active participation bibility for what is happening, so that he can avoid tuning theta agents that may trigger or aggravate his maladjustment.

not explain the many cases observed during these years, soment can be applied at a distance or in the patient's presence. eliminated as the patients did not know that, they were being tects, intervals between such "spiritual" treatment can also by absent healing. As to alternatives 5,6 and 7, it is nature the end result. Balance between these two types of therapy